## Puzzles

We have created some puzzles to keep you entertained during self isolation. Tenura hope you have fun. If you would like the answers to these puzzles there is a secondary PDF on the blog at
www.tenura.co.uk

## Word Search

Find the words from the table below the word search. Find each of these words in the table. There are two more mystery words to find revolving around the brain and health.

| B | F | W | C | D | Y | 1 | E | T | A | D | U | L | E | A | C | W | B | A | 0 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| C | G | S | 0 | E | H | E | A | N | I | F | P | 0 | C | Z | Z | E | D | S | M |
| L | U | K | N | R | A | N | F | M | T | C | A | N | U | F | L | 0 | N | K | E |
| E | A | I | U | B | D | D | E | U | K | E | W | I | M | A | Y | E | G | I | X |
| A | P | L | N | C | G | S | D | N | E | I | R | F | U | K | D | Q | X | L | E |
| R | C | G | D | G | F | B | E | E | D | L | B | T | S | E | X | E | S | L | 1 |
| N | D | U | R | 0 | U | R | K | A | X | Y | C | 0 | A | C | V | U | A | S | S |
| A | E | S | U | L | G | A | N | D | R | E | K | L | R | I | D | H | B | D | E |
| F | S | E | M | E | 0 | I | 0 | E | L | C | A | D | E | U | N | K | Q | C | P |
| U | 1 | W | G | N | A | N | W | L | E | P | H | 0 | F | W | T | M | Y | F | U |
| M | C | J | 0 | F | L | L | E | M | T | E | R | J | U | E | A | D | E | A | G |
| U | R | C | P | E | K | T | Z | Z | E | A | E | G | D | E | L | W | 0 | N | K |
| N | E | 1 | T | J | N | E | K | C | I | W | 1 | C | A | 0 | V | Z | G | E | T |
| T | X | 0 | G | I | 0 | F | S | U | D | 0 | K | U | G | B | A | T | Z | C | U |
| Y | E | L | G | A | M | D | V | G | T | N | G | 1 | H | J | F | E | M | U | V |
| C | F | A | U | P | B | E | X | E | S | E | C | U | P | L | U | G | U | B | P |
| U | L | W | H | V | T | G | P | T | A | I | H | Y | X | C | D | W | H | 0 | Q |


| Brain | Fun | Entertainment | Time |
| :---: | :---: | :---: | :---: |
| Friends | Knowledge | Sudoku | Skills |
| Intellectual | Exercise | Logic | Conundrum |
| Wordsearch | Diet | Puzzle | Learn |

Suduku
Fill in the table. Each $3 \times 3$ grid should contain the numbers $1-9$. Each row/column should contain the numbers $1-9$. Therefore, there should be no duplicated numbers in each of the $3 \times 3$ grids as well as rows and columns.

| 1 | 3 | 2 | 5 | 6 | 7 | 9 | 4 | 8 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 5 | 4 | 6 | 3 | 8 | 9 | 2 | 1 | 7 |
| 9 | 7 | 8 | 2 | 4 | 1 | 6 | 3 | 5 |
| 2 | 6 | 4 | 9 | 1 | 8 | 7 | 5 | 3 |
| 7 | 1 | 5 | 6 | 3 | 2 | 8 | 9 | 4 |
| 3 | 8 | 9 | 4 | 7 | 5 | 1 | 2 | 6 |
| 8 | 5 | 7 | 1 | 2 | 3 | 4 | 6 | 9 |
| 6 | 9 | 1 | 7 | 5 | 4 | 3 | 8 | 2 |
| 4 | 2 | 3 | 8 | 9 | 6 | 5 | 7 | 1 |

Suduku 2

| 5 | 3 | 4 | 6 | 7 | 8 | 9 | 1 | 2 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 6 | 7 | 2 | 1 | 9 | 5 | 3 | 4 | 8 |
| 1 | 9 | 8 | 3 | 4 | 2 | 5 | 6 | 7 |
| 8 | 5 | 9 | 7 | 6 | 1 | 4 | 2 | 3 |
| 4 | 2 | 6 | 8 | 5 | 3 | 7 | 9 | 1 |
| 7 | 1 | 3 | 9 | 2 | 4 | 8 | 5 | 6 |
| 9 | 6 | 1 | 5 | 3 | 7 | 2 | 8 | 4 |
| 2 | 8 | 7 | 4 | 1 | 9 | 6 | 3 | 5 |
| 3 | 4 | 5 | 2 | 8 | 6 | 1 | 7 | 9 |

## Word Ladder

Change a letter at a time to create a new word. Each new word you create should take you a step closer to the final word.

| COLD |
| :---: |
| CORD |
| CARD |
| WARD |
| WARM |


| DUCK |
| :---: |
| SUCK |
| SOCK |
| SOAK |
| SOAP |
| SWAP |
| SWAN |

